

Game Rules for Coaches

Playing Time

- For 8 or less players: 12 minutes/player minimum
- For 9-12 players: 10 minutes/player minimum
- For more than 12 players: 8 minutes/player minimum
- Each player must play 4 minutes per half
- If player arrives late, minutes should be prorated (ex: if a player is the 10th player and arrives at halftime, she get a minimum of 5 minutes)

When leading by 20 points:

- No fast breaks
- No backcourt defense
- 2-3 zone defense with at least 1 foot in the paint
- Challenge your team with a minimum number of passes before a shot (3-5)
- Official timeout can be called as a reminder

Only the head coach may speak to referees during the game.

Assistant coaches must remain seated during the game.

Parents and fans are not allowed on the team side of the court.

A team must have at least 4 players to start the game or it must forfeit the game.

Coaches must submit game roster to scorekeepers at each game.